PCTV 48/39 Portsmouth Community Television Guide

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5AM	Health & Fitness	Health & Fitness	Health & Fitness	Health & Fitness	Health & Fitness	Health & Fitness	Health & Fitness
6AM	Wellness & Lifestyle	Portsmouth Economic Development	Wellness & Lifestyle	Mititary Channel	Wellness & Lifestyle	Portsmouth Economic Development	Wellness & Lifestyle
7 AM	Mayor's Minute & Chief's Corner	Monday's Public Work Session	Tuesday's Public Work Session & City Council Meeting	Mayor's Minute & Chief's Corner	Mayor's Minute & Chief's Corner	Monday's Public Work Session	Tuesday's Public Work Session & City Council Meeting
8 AM	Remarkable Portsmouth	Monday's Public Work Session Continued	Tuesday's Public Work Session & City Council Meeting Continued	Digital Diaries General City Information	Digital Diaries General City Information	Monday's Public Work Session Continued	Tuesday's Public Work Session & City Council Meeting Continued
9 AM	Portsmouth Now	Monday's Public Work Session Continued	Tuesday's Public Work Session & City Council Meeting Continued	Portsmouth Now	PSA / Special Events	Monday's Public Work Session Continued	Tuesday's Public Work Session & City Council Meeting Continued
10 AM	Remarkable Portsmouth	Monday's Public Work Session Continued	Tuesday's Public Work Session & City Council Meeting Continued	Digital Diaries General City Information	Digital Diaries General City Information	Monday's Public Work Session Continued	Tuesday's Public Work Session & City Council Meeting Continued
11 AM	At Your Service	Digital Diaries General City Information	Digital Diaries General City Information	At Your Service	Remarkable Portsmouth	Digital Diaries General City Information	At Your Service
NOON	At Your Service	Portsmouth Now	Remarkable Portsmouth	Travel & Tourism	Remarkable Portsmouth	Portsmouth Now	Mayor's Minute & Chief's Corner
1 PM	Health & Fitness	Remarkable Portsmouth	Mayor's Minute & Chief's Corner	Health & Fitness	Travel & Tourism	Health & Fitness	Portsmouth Now
2 PM	PSA / Special Events	At Your Service	Portsmouth Now	Travel & Tourism	PSA / Special Events	Health & Fitness	Remarkable Portsmouth
3 PM	Digital Diaries General City Information	Digital Diaries General City Information	Digital Diaries General City Information	Digital Diaries General City Information	Digital Diaries General City Information	Digital Diaries General City Information	Mayor's Minute & Chief's Corner
4 PM	Mayor's Minute & Chief's Corner	PSA / Special Events	Portsmouth Economic Development	PSA / Special Events	Mayor's Minute & Chief's Corner	PSA / Special Events	Portsmouth Economic Development
5 PM	At Your Service	Mayor's Minute & Chief's Corner	At Your Service	At Your Service	Digital Diaries General City Information	Mayor's Minute & Chief's Corner	At Your Service
6 PM	Travel & Tourism	Portsmouth Now	PSA / Special Events	Travel & Tourism	Travel & Tourism	Portsmouth Now	At Your Service
7 PM	Health & Fitness	Monday's Public Work Session	Tuesday's Public Work Session & City Council Meeting	Health & Fitness	Health & Fitness	Monday's Public Work Session	Tuesday's Public Work Session & City Council Meeting
8 PM	Remarkable Portsmouth	Monday's Public Work Session Continued	Tuesday's Public Work Session & City Council Meeting Continued	Remarkable Portsmouth	Remarkable Portsmouth	Monday's Public Work Session Continued	Tuesday's Public Work Session & City Council Meeting Continued
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11 PM	Digital Diaries General City Information	Travel & Tourism	Digital Diaries General City Information	PSA / Special Events	Travel & Tourism	Digital Diaries General City Information	Digital Diaries General City Information
12 pm	Mititary Channel	Health & Fitness	Health & Fitness	Mititary Channel	Mititary Channel	Health & Fitness	Health & Fitness
1-4 AM	Digital Diaries General City Information	Digital Diaries General City Information	Digital Diaries General City Information	Digital Diaries General City Information	Digital Diaries General City Information	Digital Diaries General City Information	Digital Diaries General City Information

All Programming Airs Simultaneously On Cox Channel 48 & Verizon FIOS Channel 39